

Montsaye Community Sports Centre: Swimming Pool Timetable – Term Time



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|--|---|
| 4.00pm-6.30pm Swim School | 4.00pm-6.00pm Swim School | 4.00pm-6.00pm Swim School | 4.00pm-6.30pm Swim School | 4.00pm-7.00pm Swim School | 08.00am-8.50am Adult/Lane Swim | 08.00am-8.50am Adult/Lane Swim |
| 6.30pm-7.30pm General Swim | 6.00pm-7.10pm General Swim | 6.00pm-7.00pm General Swim | 6.30pm-7.30pm General Swim | 7.00pm-8.00pm General Swim | 9.00am-12.00pm Swim School | 9.00am-11.30am Swim School |
| 7.35pm-8.05pm Aqua Aerobics | 7.15pm-8.00pm Aqua Aerobics | 7.15pm-9.15pm Rothwell Amateur Swimming Club (Private Hire) | 7.30pm-8.15pm Ladies Only | | 12.00pm-2.00pm General Swim | 11.30am-2.00pm General Swim (Part of pool closed for infant swimming lessons) (12.30pm-2.00pm) |
| 8.05pm-9.15pm Adult/Lane Swim | 8.00pm-9.15pm Adult/Lane Swim | | 8.15pm-9.15pm Adult/Lane Swim | 8.00pm-9.00pm Adult/Lane Swim | 2.30pm-3.30pm Private Party Hire | 2.30pm-3.30pm Private Party Hire |
| | | | | | 3.30pm-4.30pm Fun & Floats | 3.30pm-4.30pm Fun & Floats |

In the interest of hygiene, we ask all swimmers to shower prior to swimming. Babies/Toddlers must wear protective nappies in the water.

You are requested not to swim for 48 hours following sickness or diarrhoea. Inform a lifeguard if you have any medical conditions. If diagnosed with Crypto this period should be two weeks.

Under 8s Swimming Policy: 1 adult can supervise up to 2 children under the age of 8 years, providing weak and non-swimmers wear an approved flotation device and stay within the non-swimmer line. The responsible person must be in the water and fully supervise the child/ren at all times.