

Montsaye Community Sports Centre: Swimming Pool Timetable – Term Time



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4.00pm-6.30pm Swim School	4.00pm-6.00pm Swim School	4.00pm-6.00pm Swim School	4.00pm-6.30pm Swim School	4.00pm-7.00pm Swim School	08.00am-8.50am Adult/Lane Swim	08.00am-8.50am Adult/Lane Swim
6.30pm-7.30pm General Swim	6.00pm-7.10pm General Swim	6.00pm-7.00pm General Swim	6.30pm-7.30pm General Swim	7.00pm-8.00pm General Swim	9.00am-12.00pm Swim School	9.00am-11.30am Swim School
7.35pm-8.05pm Aqua Aerobics	7.15pm-8.00pm Aqua Aerobics	7.15pm-9.15pm Rothwell Amateur Swimming Club (Private Hire)	7.30pm-8.15pm Ladies Only		12.00pm-2.00pm General Swim	11.30am-2.00pm General Swim (Part of pool closed for infant swimming lessons) (12.30pm-2.00pm)
8.05pm-9.15pm Adult/Lane Swim	8.00pm-9.15pm Adult/Lane Swim		8.15pm-9.15pm Adult/Lane Swim	8.00pm-9.00pm Adult/Lane Swim	2.30pm-3.30pm Private Party Hire	2.30pm-3.30pm Private Party Hire
					3.30pm-4.30pm Fun & Floats	3.30pm-4.30pm Fun & Floats

In the interest of hygiene, we ask all swimmers to shower prior to swimming. Babies/Toddlers must wear protective nappies in the water.

You are requested not to swim for 48 hours following sickness or diarrhoea. Inform a lifeguard if you have any medical conditions. If diagnosed with Crypto this period should be two weeks.

Under 8s Swimming Policy: 1 adult can supervise up to 2 children under the age of 8 years, providing weak and non-swimmers wear an approved flotation device and stay within the non-swimmer line. The responsible person must be in the water and fully supervise the child/ren at all times.